



The course is delivered in these formats:

- Small group discussion
- Games and activities
- Larger group feedback
- Active participation

**Course aims and objectives:**

- To explore the issues raised with young pregnancy
- To examine who becomes pregnant and why?
- To review what the implications are for young pregnancy on parents, children and community.
- To identify practical and evidenced based strategies in supporting young parents and their children
- To offer an opportunity for participants to develop and/or strengthen partnership working in a multi-agency environment

**Appropriate participants:**

Professionals and/or volunteers leading working with young parents, whether on a one-to-one or group basis. This could include domestic abuse workers, homeless support workers, rehabilitation workers, youth workers, agencies and organisations working with families and so on.

**Course Outline:**

- Welcome & introductions
- What's the issue with teenage pregnancy?
- Where are we with the National Strategy
- Who gets pregnant and why?
- Impact of teenage pregnancy – mums, dads, children and society.
- Practical strategies for engagement and delivery of services.
- Theory into practice and the way forward
- Resources for professionals
- Review of day and evaluation.

**Course duration:**

10am to 4pm

**Price:** £99 per person or

£699 for 12 people



# Be Magnificent


Always looking forward


## Making a plan:


### Supporting Young Parents

This one-day course is designed to bring together multi-agency professionals and volunteers to promote partnership working. We examine the impact of pregnancy on young people and their children, along with exploring practical strategies for successful engagement and intervention in the longer term. Participants have the opportunity to engage in a range of activities and examine evidenced-based theory to improve their understanding and delivery of work in this area.

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## ABOUT US

Be Magnificent was set up to enable and empower women, children and young people. We are passionate about promoting change, challenging “the way it is”. We are determined to ensure that opportunities are open to all and not “under glass” for so many.

Our mission is to help all women, children and young people to recognise their full potential and power and be magnificent in whatever direction they choose to go.

At a time where misogyny is rife, where women face attack simply for walking home, and are abused online for speaking out or simply being female, we are determined to offer opportunities to gain skills and confidence for them to make their own choices and make their own way.

We are excited about working with partners in our communities to provide these programmes. We recognise that funding for community services is limited which is why we aim to work with our partners to identify and secure funds to provide these services to whoever wants to attend.

We live in challenging times. We understand that to be able to access education, activities and opportunities we must build enough self-confidence and self-belief to take the first step. We believe in women, children and young people. We believe in our communities. We look forward.



## COURSES

Our courses can be commissioned by one organisation for a number of staff, but we believe in the high value of multi-agency working. For this reason we will provide a calendar of training opportunities whereby organisations of any size can book one or more of their team members on to the courses to train alongside other professionals and volunteers in their geographical location.

Our courses for professionals and volunteers concentrate on the appropriate knowledge, skills and attitudes to deliver exceptional work in demanding times.

Our service user programmes are designed to support women, girls and young people to see what they already are and what they already have, and be curious and ambitious about what is ahead.

## MISSION

Be Magnificent is a not-for-profit company delivering training courses to benefit the community. Specifically our activities will provide benefit to women, children and young people, along with the organisations who work with them. We provide training courses for those working with women experiencing social exclusion or at risk of experiencing social exclusion.

We provide training programmes for professionals and volunteers alongside direct delivery courses for women and young people. As we grow, we intend to recruit women with lived experience, offering volunteering and supportive employment opportunities to survivors.