



The course is delivered in these formats:

- Partner and small group discussion
- Games and activities
- Larger group feedback
- Active participation

Course aims and objectives:

- To increase participants' ability and confidence to respond actively and appropriately.
- To support participants' awareness of their own Lone Working Policy and how this applies practically to individuals and teams.
- To explore best practice recommendations from lead agencies.
- To use case studies to explore and underpin new learning.

Appropriate participants:

Any member of staff or volunteer who is or may be working in a lone environment, and their management support

Course duration:

6 hours

Course Outline:

- Welcome and introductions – aims for the day.
- Lone working – definition and what the law says, and how it relates to your Lone Worker Policy.
- Working alone in the office and at home – physical and emotional impact.
- Safety while on the move – transport, tracing and what happens in an emergency.
- Keeping safe when home visiting, checklists and risk assessments.
- Managing conflict, including aggressive and challenging behaviour.
- Taking care of you – what happens afterwards?
- Scenarios – checking what we've learned.
- Review of participants' aims, evaluation and close.





Be Magnificent


Always looking forward

Lone Working and managing challenging situations

This one-day course is designed to offer an opportunity for participants to increase their awareness of arrangements and procedures around lone working in a variety of settings. The course will deliver information in an accessible and usable format and give participants a chance to explore their own concerns and capabilities to ensure the safety of themselves and others in a lone working environment.

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ABOUT US

Be Magnificent was set up to enable and empower women, children and young people. We are passionate about promoting change, challenging “the way it is”. We are determined to ensure that opportunities are open to all and not “under glass” for so many.

Our mission is to help all women, children and young people to recognise their full potential and power and be magnificent in whatever direction they choose to go.

At a time where misogyny is rife, where women face attack simply for walking home, and are abused online for speaking out or simply being female, we are determined to offer opportunities to gain skills and confidence for them to make their own choices and make their own way.

We are excited about working with partners in our communities to provide these programmes. We recognise that funding for community services is limited which is why we aim to work with our partners to identify and secure funds to provide these services to whoever wants to attend.

We live in challenging times. We understand that to be able to access education, activities and opportunities we must build enough self-confidence and self-belief to take the first step. We believe in women, children and young people. We believe in our communities. We look forward.



COURSES

Our courses can be commissioned by one organisation for a number of staff, but we believe in the high value of multi-agency working. For this reason we will provide a calendar of training opportunities whereby organisations of any size can book one or more of their team members on to the courses to train alongside other professionals and volunteers in their geographical location.

Our courses for professionals and volunteers concentrate on the appropriate knowledge, skills and attitudes to deliver exceptional work in demanding times.

Our service user programmes are designed to support women, girls and young people to see what they already are and what they already have, and be curious and ambitious about what is ahead.

MISSION

Be Magnificent is a not-for-profit company delivering training courses to benefit the community. Specifically our activities will provide benefit to women, children and young people.

We provide training courses for those working with anyone experiencing social exclusion or at risk of experiencing social exclusion.

We provide direct delivery programmes for women and young people. As we grow, we intend to recruit women with lived experience, offering volunteering and supportive employment opportunities to survivors.