

**Appropriate participants:**

Professionals and/or volunteers leading or supporting group work. This could include homeless support workers, rehabilitation workers, youth workers, those working or volunteering in community organisations such as Home Start and local charities delivering outreach work in a group environment.

Course Outline:

- Welcome and introductions and outline of the course.
- The purpose of ground rules, setting and maintenance and challenge.
- Building a group – recruitment and retention
- Making a group work.
- Kolb and the gang – group theory and the impact on group development.
- Trouble shooting – what goes wrong in groups and what to do.
- Types of leadership.
- Closing a group – what next?
- Review of day and resources.

Course duration:

10.30am to 4.30pm

Price: £99 per person.

The course is delivered in the following formats:

- Small group discussion
- Games and activities
- Larger group feedback
- Active participation

Course aims:

- To facilitate participants' understanding of group development and delivery.
- To enable participants to explore the challenges of facilitating a group.
- To offer a range of solutions and examples of successful group delivery.

Course objectives:

- To introduce participants to group theory, and how it relates to their own work with service users.
- To present and use practical strategies to encourage engagement, retention and involvement in groups provided in the community.
- To explore troubleshooting and issues within groups and identify solutions to common problems



Be Magnificent

Always looking forward

Making Groups Work

A one-day course aimed at any professional or volunteer tasked with delivering group work regularly in a community setting. It is specifically tailored for those running groups of service users who can be described as "hard to reach".

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ABOUT US

Be Magnificent was set up to enable and empower women, children and young people. We are passionate about promoting change, challenging “the way it is”. We are determined to ensure that opportunities are open to all and not “under glass” for so many.

Our mission is to help all women, children and young people to recognise their full potential and power and be magnificent in whatever direction they choose to go.

At a time where misogyny is rife, where women face attack simply for walking home, and are abused online for speaking out or simply being female, we are determined to offer opportunities to gain skills and confidence for them to make their own choices and make their own way.

We are excited about working with partners in our communities to provide these programmes. We recognise that funding for community services is limited which is why we aim to work with our partners to identify and secure funds to provide these services to whoever wants to attend.

We live in challenging times. We understand that to be able to access education, activities and opportunities we must build enough self-confidence and self-belief to take the first step. We believe in women, children and young people. We believe in our communities. We look forward.



COURSES

Our courses can be commissioned by one organisation for a number of staff, but we believe in the high value of multi-agency working. For this reason we will provide a calendar of training opportunities whereby organisations of any size can book one or more of their team members on to the courses to train alongside other professionals and volunteers in their geographical location.

Our courses for professionals and volunteers concentrate on the appropriate knowledge, skills and attitudes to deliver exceptional work in demanding times.

Our service user programmes are designed to support women, girls and young people to see what they already are and what they already have, and be curious and ambitious about what is ahead.

MISSION

Be Magnificent is a not-for-profit company delivering training courses to benefit the community. Specifically our activities will provide benefit to women, children and young people.

We provide training courses for those working with anyone experiencing social exclusion or at risk of experiencing social exclusion.

We provide direct delivery programmes for women and young people. As we grow, we intend to recruit women with lived experience, offering volunteering and supportive employment opportunities to survivors.