

**Appropriate participants:**

Professionals and/or volunteers leading or supporting group work. This could include homeless support workers, rehabilitation workers, youth workers, those working or volunteering in community organisations such as Home Start and local charities delivering outreach work in a group environment.

**Course Outline:**

- Welcome and introductions and outline of the course.
- The purpose of ground rules, setting and maintenance and challenge.
- Building a group – recruitment and retention
- Making a group work.
- Kolb and the gang – group theory and the impact on group development.
- Trouble shooting – what goes wrong in groups and what to do.
- Types of leadership.
- Closing a group – what next?
- Review of day and resources.

**Course duration:**  
10.30am to 4.30pm

The course is delivered in the following formats:

- Small group discussion
- Games and activities
- Larger group feedback
- Active participation

**Course aims:**

- To facilitate participants' understanding of group development and delivery.
- To enable participants to explore the challenges of facilitating a group.
- To offer a range of solutions and examples of successful group delivery.

**Course objectives:**

- To introduce participants to group theory, and how it relates to their own work with service users.
- To present and use practical strategies to encourage engagement, retention and involvement in groups provided in the community.
- To explore troubleshooting and issues within groups and identify solutions to common problems




# Be Magnificent


Always looking forward


## Making Groups Work

A one-day course aimed at any professional or volunteer tasked with delivering group work regularly in a community setting. It is specifically tailored for those running groups of service users who can be described as "hard to reach".

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## MISSION

Be Magnificent is a not-for-profit company delivering training courses to benefit the community. We provide training for those working in the third sector, especially those working with anyone experiencing or at risk of experiencing social exclusion.

We also provide direct delivery programmes, including those experiencing isolation, recovering from abuse or challenging circumstances.

## COURSES

We believe in the high value of multi-agency working. That's why we deliver each course in open sessions, with staff from a range of organisations attending. These staff will therefore train alongside

other professionals in their geographical location. The price per person is £83 plus VAT

These sessions are hosted by us at venues across the UK. Check our website for the calendar of future training opportunities.

Courses for professionals can be commissioned by one organisation for staff and/or volunteers. We come to you and deliver training at your offices. The price for this training is £899 plus VAT.

Our courses for professionals and volunteers concentrate on the appropriate knowledge, skills and attitudes to deliver exceptional work in demanding times.

Our service user programmes are designed for anyone in our community who wants to build their self-confidence and self-esteem.

## ABOUT US

Be Magnificent was set up to enable and empower people. We are passionate about promoting change, challenging “the way it is”. We are determined to ensure that opportunities are open to all and not “under glass” for so many.

One of our key missions is to help all men, women, young people and children to recognise their full potential and power and be magnificent in whatever direction they choose to go.

At a time where misogyny is rife, where women face attack simply for walking home, and are abused online for speaking out or simply being female, we are determined to offer opportunities to gain skills and confidence for them to make their own choices and make their own way.

We are excited about working with partners in our communities to provide these programmes. We recognise that funding for community services is limited which is why we aim to work with our partners to identify and secure funds to provide these services to whoever wants to attend.

We live in challenging times. We understand that to be able to access education, activities and opportunities we must build enough self-confidence and self-belief to take the first step.

We are always looking forward.

