



The course is delivered in the following formats:

- Partner and small group discussion
- Games and activities
- Larger group feedback
- Active participation

Course aims and objectives:

- To increase participants' ability and confidence to respond actively and appropriately.
- To support participants' awareness of their own Lone Working Policy and how this applies practically to individuals and teams.
- To explore best practice recommendations from lead agencies.
- To use case studies to explore and underpin new learning

Appropriate participants:

Any member of staff or volunteer who is or may be working in a lone environment and their management support.

Course duration:

6 hours

Course Outline:

1. Welcome and introductions – aims for the day.
2. Lone working – definition and what the law says, and how it relates to your Lone Working Policy.
3. Working alone in the office and at home – physical and emotional impact.
4. Safety while on the move – transport, tracing and what happens in an emergency.
5. Keeping safe when home visiting, checklists and risk assessments.
6. Managing conflict, including aggressive and challenging behaviour.
7. Taking care of you – what happens afterwards?
8. Scenarios – checking what we have learned.
9. Review of participants' aims, evaluation and close.



Be Magnificent


Always looking forward


Lone Working and managing risk

This one-day course is designed to offer an opportunity for participants to increase their awareness of arrangements and procedures around lone working in a variety of settings. The course will deliver information in an accessible and usable format and give participants a chance to explore their own concerns and capabilities to ensure the safety of themselves and others in a lone working environment.

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MISSION

Be Magnificent is a not-for-profit company delivering training courses to benefit the community. We provide training for those working in the third sector, especially those working with anyone experiencing or at risk of experiencing social exclusion.

We also provide direct delivery programmes, including those experiencing isolation, recovering from abuse or challenging circumstances.

COURSES

We believe in the high value of multi-agency working. That's why we deliver each course in open sessions, with staff from a range of organisations attending. These staff will therefore train alongside

other professionals in their geographical location. The price per person is £83 plus VAT

These sessions are hosted by us at venues across the UK. Check our website for the calendar of future training opportunities.

Courses for professionals can be commissioned by one organisation for staff and/or volunteers. We come to you and deliver training at your offices. The price for this training is £899 plus VAT.

Our courses for professionals and volunteers concentrate on the appropriate knowledge, skills and attitudes to deliver exceptional work in demanding times.

Our service user programmes are designed for anyone in our community who wants to build their self-confidence and self-esteem.

ABOUT US

Be Magnificent was set up to enable and empower people. We are passionate about promoting change, challenging “the way it is”. We are determined to ensure that opportunities are open to all and not “under glass” for so many.

One of our key missions is to help all men, women, young people and children to recognise their full potential and power and be magnificent in whatever direction they choose to go.

At a time where misogyny is rife, where women face attack simply for walking home, and are abused online for speaking out or simply being female, we are determined to offer opportunities to gain skills and confidence for them to make their own choices and make their own way.

We are excited about working with partners in our communities to provide these programmes. We recognise that funding for community services is limited which is why we aim to work with our partners to identify and secure funds to provide these services to whoever wants to attend.

We live in challenging times. We understand that to be able to access education, activities and opportunities we must build enough self-confidence and self-belief to take the first step.

We are always looking forward.

